

## STARTERS

- 1. PAPADAM (SPICY OR PLAIN)** ..... 0.65
- 2. ONION BHAJI V** ..... 2.95  
Thinly sliced fresh onion marinated with gram flour, fresh coriander, fennel, lentil, cumin seeds & deep fried.
- 3. SAMOSA (MEAT OR VEGETABLE)** ..... 2.95  
Crispy pastry filled with minced meat or vegetables & deep fried.
- 4. CHICKEN TUK TUK** ..... 3.50  
Marinated boneless chicken cooked in the clay oven & battered in special sauce & deep fried.
- 5. CHICKEN OR LAMB TIKKA** ..... 3.25  
Marinated boneless Chicken or Lamb cooked in the clay oven.
- 6. SHEEK KEBAB** ..... 3.25  
Minced Lamb flavoured with spices & herbs & then cooked in the clay oven
- 7. TAJ MAHAL MIXED SPECIAL** ..... 3.95  
Selection of sheek kebab, chicken tikka & onion bhaji
- 8. PRAWN OR CHICKEN CHAT PUREE** ..... 3.95  
Cooked in medium spices & served with deep fried bread
- 9. MUSHROOM DELIGHT V** ..... 3.50  
Fresh mushrooms stuffed with cheese, potatoes & herbs served with special home-made chutney
- 10. HOUSE SPECIAL MOMO LAMB OR VEGETABLE** ..... 3.95  
Homemade dumplings with mouth-watering taste. Served with special chutney, a very popular Nepalese appetiser
- 11. CHICKEN CHILLI FRY** ..... 3.95  
Marinated breast of chicken with Nepalese spices & deeply fried with fresh onions, green chilli, tomatoes & capsicums
- 12. PANEER CHILLI FRY V** ..... 3.75  
Homemade cottage cheese fried with fresh onions, green chilli, tomatoes & capsicums
- 13. ALOO TIKKA V** ..... 3.25  
Popular Nepalese starter; round in shape, deep fried & served with chick peas
- 14. TANDOORI SALMON** ..... 3.95  
Salmon fish marinated with Nepalese spices, special Tandoori herbs & cooked in the clay oven
- 15. MAGIC TIKKA (Mild)** ..... 3.50  
Barbecue chicken marinated in a special white cashew paste & cooked in the clay oven
- 16. FISH CHILLI FRY (Hot) NEW** ..... 3.95  
Marinated white fish with Nepalese spices, deep fried with fresh onions, green chilli, tomatoes & capsicums.



## TAJ SPECIALS CHEF'S RECOMMENDATIONS

- 17. MALA DOHI CHICKEN (Hot)** ..... 7.95  
Barbecue chicken cooked with fresh ginger, coriander; touch of mint, green chillies & yoghurt.
- 18. CHICKEN OR LAMB NEPAL (Mild)** ..... 7.95  
Barbecue chicken or lamb cooked with mango, coconut & almond in rich mild sauce.
- 19. HIMALAYA CHICKEN OR LAMB (Medium)** . 7.95  
Barbecued chicken or lamb cooked with fresh coriander, mustard seeds, curry leaves & special spices.
- 20. TAJMIS-MAS (Medium)**..... 7.95  
Mixture of barbecue chicken, lamb, prawn, sheek kebab all cooked with tomatoes, capsicum, coriander leaves with medium spices & red wine.
- 21. GREEN MASALA (Fairly Hot)**..... 7.95  
Barbecue chicken or lamb cooked in a special green sauce made from spinach, coriander, green pepper, garlic, ginger, fresh mint, coconut, mustard & green chillies.
- 22. CHICKEN OR LAMB BHUTWA (Medium) ...** 7.95  
Chicken or lamb cooked with Nepalese herbs, spices & spring onion.
- 23. GURKHALI CHICKEN OR LAMB (Medium)** . 7.95  
Chicken or lamb freshly prepared & cooked with fresh mushrooms, green peas & Nepalese herbs & spices.
- 24. EVEREST CHICKEN OR LAMB (Medium).....** 7.95  
Pan fried strips of lamb or chicken, cooked with crispy peppers, a good example of Nepalese recipe.
- 25. CHICKEN OR LAMB ACHAR (Medium) NEW** 7.95  
Chicken or lamb cooked in tantalising masala with fresh herbs, tomato, & coriander.
- 26. JEERA CHICKEN (Medium) NEW** ..... 7.95  
Barbecued chicken cooked with cumin seeds, Nepalese spices, chopped tomatoes, green & red peppers & fresh coriander.
- 27. JIMBU CHICKEN OR LAMB (medium)NEW** 7.95  
Barbecued chicken cooked with onions, tomatoes, coriander & Nepalese spices.
- 28. LAKALI CHICKEN OR LAMB (Hot) NEW....** 8.95  
Barbecued chicken cooked with special Nepalese spices & herbs, rich in flavour.
- 29. SHERPA CHICKEN OR LAMB (Hot) NEW ..** 8.95  
Tenderly sliced, freshly cooked, clay oven chicken or lamb in a delicious blend of strong Nepalese spices cooked with fresh coriander, tomatoes & mixed peppers.
- 30. MACCHA JALFRY (Fairly Hot) NEW** ..... 11.95  
Monkfish cooked with green chillies, tomatoes, capsicum, fresh ginger & coriander.
- 31. MACCHA LABADAR (Medium) NEW** ..... 11.95  
Monkfish cooked with aromatic spices & herbs.

## TANDOORI (CLAY OVEN) DISHES

- 32. TAJ MIX GRILL** ..... 10.95  
Combination of chicken tikka, lamb tikka, sheek kebab, tandoori chicken & served with nann bread.
- 33. CHICKEN OR LAMB TIKKA** ..... 6.95  
Boneless chicken or lamb marinated with special herbs & spices & cooked in a clay oven.
- 34. MAGIC TIKKA (Mild)**..... 6.95  
Barbecue chicken marinated in a special white cashew paste & cooked in a clay oven.

- 35. TANDOORI CHICKEN** ..... 6.95  
Chicken on the bone marinated with special herbs & spices & cooked in a clay oven.
- 36. SHEEK KEBAB** ..... 6.95  
Minced Lamb marinated & fully flavoured with spices & herbs, then cooked in a clay oven.
- 37. TANDOORI KING PRAWN** ..... 11.95  
King prawn marinated with herbs, yoghurt & spices & cooked in a clay oven.
- 38. CHICKEN OR LAMB SASHLIK** ..... 7.95  
Boneless chicken or lamb marinated with herbs & spices, capsicum, onions, tomatoes & cooked in a clay oven.
- 39. PANEER SASHLIK V** ..... 7.95  
Home-made cottage cheese marinated with Nepalese spices & herbs, capsicum, onions tomatoes all cooked in a clay oven.
- 40. CHICKEN OR LAMB TIKKA MORICHA (Hot) ..** 7.95  
Stir fried grilled chicken or lamb with fresh green chillies, onions green peppers & coriander leaves.
- 41. SALMON TIKKA** ..... 7.95  
Salmon fish marinated with Nepalese spices, special tandoori herbs & cooked in the clay oven.

## ALL TANDOORI DISHES ARE SERVED WITH A GREEN SIDE SALAD

## CLASSIC CHICKEN & LAMB DISHES

- 42. CHICKEN OR LAMB TIKKA MASALA (Mild) ..** 7.95
- 43. CHICKEN OR LAMB PASSANDA (Mild) .....** 7.95
- 44. GARLIC CHICKEN OR LAMB (Medium) NEW** 7.95  
Barbecued chicken or lamb cooked with freshly chopped garlic, tomatoes, and coriander.
- 45. CHICKEN OR LAMB TIKKA SAAG (Medium) NEW** 7.95  
Barbecued chicken or lamb cooked with spinach and Nepalese spices.
- 46. CHICKEN OR LAMB TIKKA JALFREZE (Hot) ..** 7.95  
Barbecued chicken or lamb cooked with onions, capsicum, green chillies, tomatoes and fresh coriander.
- 47. CHICKEN OR LAMB CHILLI MASALA (Hot) ...** 7.95  
Barbecued chicken or lamb cooked with black pepper, green chillies and Nepalese spices.

## FAVOURITES OF ALL

- 48. MADRAS OR VINDALOO**  
Hot sauce with a hint of lemon.
- Chicken**..... 6.95
- Lamb**..... 7.50
- Prawn** ..... 7.50
- King Prawn** ..... 10.95
- 49. KORMA**  
Mild sauce cooked with coconut, almonds & fresh cream.
- Chicken**..... 6.95
- Lamb**..... 7.95
- Prawn** ..... 7.95
- King Prawn** ..... 10.95
- 50. DHANSAK**  
Hot, sweet & sour dish cooked with lentils & herbs.
- Chicken**..... 6.95
- Lamb**..... 7.95
- Prawn** ..... 7.95
- King Prawn** ..... 10.95

- 51. BALTI**  
Medium dish cooked with onions, tomatoes, fresh aromatic spices & rich with flavour.
- Chicken**..... 6.95
- Lamb**..... 7.50
- Prawn** ..... 7.50
- King Prawn** ..... 10.95
- 52. PATIYA**  
Hot, sweet & sour dish cooked with fresh herbs & spices.
- Chicken**..... 6.95
- Lamb**..... 7.50
- Prawn** ..... 7.50
- King Prawn** ..... 10.95
- 53. ROGAN**  
A recipe from North India with medium spices cooked with tomatoes & herbs.
- Chicken**..... 6.95
- Lamb**..... 7.50
- Prawn** ..... 7.50
- King Prawn** ..... 10.95
- 54. BHUNA**  
Medium spiced, thick sauce cooked with fresh coriander, onions & mixed peppers.
- Chicken**..... 6.95
- Lamb**..... 7.50
- Prawn** ..... 7.50
- King Prawn** ..... 10.95
- 55. KARAH**  
Medium spiced dish cooked with fresh onions, coriander, tomatoes & green peppers.
- Chicken**..... 6.95
- Lamb**..... 7.50
- Prawn** ..... 7.50
- King Prawn** ..... 10.95

## TAJ VEGETARIAN SPECIALS CHEF'S RECOMMENDATIONS

- 56. TAJ VEGETARIAN SPECIAL (Medium) V ....** 6.95  
Seasonal vegetables with asparagus & chestnut mushrooms.
- 57. VEGETABLE MASALA (Mild) V** ..... 6.95  
Vegetables cooked with butter, ground almonds, fresh cream & a special masala sauce.
- 58. VEGETABLE MIS-MAS (Medium) V** ..... 6.95  
Seasonal vegetables, asparagus, chestnut mushroom & cottage cheese cooked with tomatoes, capsicum, coriander leaves with medium spices & red wine.
- 59. MALA DOHI VEGETABLE (Hot) V NEW** .... 6.95  
Seasonal vegetables cooked with fresh ginger, coriander, a touch of mint, green chillies & yoghurt
- 60. HIMALAYAN SABJEE (Medium) V NEW** .... 6.95  
Seasonal vegetables cooked with fresh ginger, garlic, tomato, & coriander.
- 61. DALI SAMBAR (Medium) V NEW** ..... 6.95  
Mixed vegetables cooked with curry leaves, ginger, fresh coriander & lentils.
- 62. VEGETABLE JALFREZE (Hot) V NEW** ..... 6.95  
Mixed vegetables cooked with green chillies, capsicum, fresh ginger, garlic & fresh coriander.
- 63. VEGETABLE KORMA V** ..... 6.95
- 64. EVEREST VEGETABLE (Medium) V NEW** ... 6.95  
Seasonal vegetables cooked with crispy peppers & a special sauce, a good example of a Nepalese recipe.

## VEGETABLE SIDE DISHES

Vegetable side dishes also available as a main dish on request at the price of £6.50

- 65. **ALOO SEMI** ..... 3.25  
Green beans & potatoes cooked in Nepalese style.
- 66. **GURKHALI VEGETABLES** ..... 3.25  
Seasonal vegetables with home-made cottage cheese.
- 67. **TARKA DALL** ..... 3.25  
Lentils cooked with medium spices & a touch of garlic.
- 68. **CHANA MASALA** ..... 3.25  
Chick peas cooked with tomato, chopped onions & spices.
- 69. **GOVI BHAJI OR ALOO GOVI** ..... 3.25  
Cauliflower or cauliflower with potatoes cooked with medium spices.
- 70. **SAG BHAJI OR SAG ALOO** ..... 3.25  
Spinach or spinach with potato cooked with herbs & spices.
- 71. **BOMBAY ALOO** ..... 3.25  
Medium spicy potatoes.
- 72. **BRINJAL BHAJI OR BRINJAL ALOO** ..... 3.25  
Aubergines or aubergines with potatoes cooked with herbs & spices.
- 73. **MUSHROOM BHAJI** ..... 3.25  
Fresh mushrooms with medium spice flavour.
- 74. **BHINDI BHAJI** ..... 3.25  
Dry spice okra cooked in Nepalese style.
- 75. **MATTAR PANEER** ..... 3.95  
Homemade cottage cheese & fresh peas in mild sauce.
- 76. **SAG PANEER** ..... 3.95  
Spinach cooked with a homemade cottage cheese with a medium spice flavour.

## BIRYANI

All Biryani's are cooked with saffron flavoured basmati rice, special spices, a mixture of dry nuts & served with mixed vegetable curry on side.

- 77. **CHICKEN OR LAMB BIRYANI** ..... 8.95
- 78. **CHICKEN OR LAMB TIKKA BIRYANI** ..... 9.95
- 79. **PRAWN BIRYANI** ..... 9.95
- 80. **KING PRAWN BIRYANI** ..... 12.95
- 81. **SPECIAL BIRYANI** ..... 10.95  
Mixture of chicken, lamb, prawn & egg
- 82. **VEGETABLE SPECIAL BIRYANI** ..... 8.50

## RICE

- 83. **BASMATI RICE** ..... 2.25
- 84. **PILAU RICE** ..... 2.50  
Saffron flavoured basmati rice
- 85. **MUSHROOM RICE** ..... 2.75  
Saffron flavoured basmati rice with fresh mushrooms
- 86. **EGG RICE** ..... 2.75  
Basmati Rice with egg
- 86A. **VEGETABLE RICE** ..... 2.75  
Saffron flavoured basmati rice with vegetables
- 87. **SPECIAL RICE** ..... 2.95  
Basmati rice cooked with egg, mushrooms & peas
- 88. **LEMON RICE** ..... 2.95  
Saffron flavoured basmati rice, cooked with lemon zest



## NANN-ROTI

- 89. **PLAIN NAAN** ..... 2.25
- 90. **PESHWARI NAAN** ..... 2.50  
Stuffed with almonds, coconut, nuts & seeds.
- 91. **KEEMA NAAN** ..... 2.50  
Stuffed with mince meat.
- 92. **GARLIC NAAN** ..... 2.50  
Naan with Garlic.
- 93. **ONION KULCHA** ..... 2.50  
Stuffed with fresh chopped onions.
- 94. **LACHHA PARATHA** ..... 2.50  
Layered whole wheat bread.
- 95. **KULCHA NAAN** ..... 2.50  
Stuffed with vegetables.
- 96. **BULLET NAAN** ..... 2.50  
Stuffed with green chillies, garlic & fresh coriander.
- 97. **TANDOORI ROTI** ..... 1.80  
Thin bread made from whole wheat flour.

## OTHER

- 98. **CHIPS** ..... 1.95
- 99. **RAITA** ..... 1.95  
Cucumber or onion mixed with cumin seeds & yogurt.
- 100. **SEASONAL GREEN SALAD** ..... 2.50
- 101. **PICKLES** ..... 0.60

### Deluxe For Two £29.95

2 Papadoms, Tandoori Mixed Grill, Chicken Nepal, Lamb Bhuna, Aloo Gobi, Large Pilau Rice & Naan Bread.

### Deluxe For Four £55.95

4 Papadom, Onion Bhaji, Chicken Tikka, Sheek Kebab, Vegetable Samosa, Everest Vegetables, Chicken Tikka Masala, Prawn Bhuna, Lamb Balti, Ghurkhali Vegetables, Sag Paneer, Bombay Aloo, 2 Large Pilau Rice & 2 Naan Bread

Please note, if you are allergic to nuts, dairy, gluten or have any other allergies please let us know before placing your order.



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# The Taj Mahal



AWARDED 5 STARS BY THE FOOD STANDARDS AGENCY



## NEPALESE & INDIAN CUISINE

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### WEDNESDAY NIGHTS BANQUET SPECIAL

Restaurant meals only, not available July or August

### SET MEAL

1 Starter, 1 Main Dish & 1 Rice or Naan  
From the menu £13.95 each  
Except King Prawn & Fish Dishes

### FREE BOTTLE OF COKE

on orders over £20  
Collection only!

### FREE BOTTLE OF WINE

on orders over £35  
Collection only!

Sunday - Thursday: 5.30pm - 11.00pm  
Friday - Saturday: 5.30pm - 11.30pm

## TAJ MAHAL RESTAURANT

63 DANIEL PLACE, PENZANCE, CORNWALL TR18 4DU

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